

# AuxiliaryNews

BARNES - JEWISH HOSPITAL AUXILIARY



## Message from the Co-Presidents

Dear Auxilians,

We hope you are enjoying a Happy and Healthy New Year. Hopefully, all of you have heard the

news that Plaza Chapter and Parkview Chapter will merge into one new and exciting, Barnes-Jewish Hospital Auxiliary. Over the years, each chapter has contributed to the mission of the hospital in many different ways. Whether funding the Barnes Lodge or scholarships for the College of Nursing, each organization has given generously. In the last several months conversations between chapter co-presidents affirmed the decision to combine and to continue serving Barnes-Jewish Hospital. The Executive committees and Boards of each chapter approved the merger with a resounding feeling that the whole will be greater than the sum of our parts.

This new organization has renewed its support to the mission of Barnes-Jewish Hospital, a nationally recognized Top Ten Hospital. With such a talented, diverse group we expect to remain energized and committed. This will enable us to continue to attract new members who recognize the importance of serving such a prestigious institution.

Beginning February, the Auxiliary office will be relocated to The Highlands on Oakland Avenue. Our fundraising for the hospital is closely aligned with that of The Barnes-Jewish Hospital Foundation, so this relocation is a natural fit for us.

We hope the membership will be as excited about this merger as all our board members. We could not do any of what we do without the help and support from all of you.

If you have any questions, suggestions or concerns, please do not hesitate to contact us at the Auxiliary office, 314-454-7130.

Susie Luten & Ruth Springer  
Co-Presidents, Barnes-Jewish Hospital Auxiliary



## Spotlighting Joyce Sass

We are honored to spotlight our long-time auxiliary and 22-year board member, Joyce Sass. Joyce joined the auxiliary in 1985 to work in the Clover Garden. She didn't become a floral designer but did enjoy learning about floral design. At that time she also worked with fellow auxiliary

member, Diane Deutch, with the student nurses. In 1988, at the age of 50, Joyce was diagnosed with breast cancer. This diagnosis led her to her work establishing numerous programs for cancer patients at the hospital.

As Joyce was undergoing treatment for breast cancer, she became keenly aware of the lack of support or educational resources for breast cancer patients, particularly young ones like herself, in the community. This led to her work, along with the Auxiliary and numerous members of the hospital staff, establishing the Cancer Information Resource Center for Life and Education, CIRCLE,

in 1992. Jill Bokern, who currently runs the Brest Health Center, was CIRCLE's first employee. On a visit to Chicago, Joyce saw an integrated multi-disciplinary cancer center and knew that she wanted something similar at Barnes-Jewish Hospital. In conjunction with Dr. Barabara Monsees, the Parkview and Plaza Chapters, and the hospital, the Breast Health Center opened on the 5th floor of the hospital. Even while battling a recurrence of her breast cancer in 1992, Joyce has continued to work tirelessly helping other women with their cancer battles through education, support, and research.

Joyce's most recent project has been educating the auxiliary about the research of Dr. Adriana Dusso. Dr. Dusso is studying the effect of vitamin D and TACE, a protein that is believed to lead to the spread and resistance to treatment of cancer if it is overexpressed in the body. Dr. Dusso's research, which is being partially funded by the Barnes-Jewish Hospital Auxiliary, is studying how vitamin D inhibits the growth of TACE. We are grateful to Joyce for informing us about this research and are proud to be supporting it.

*(continued on page two)*



## Spring Meeting and Installation of Offices

With the merging of the two Barnes-Jewish Hospital auxiliaries, this year's annual installation and meeting promises to be one of the best. The event will take place on Tuesday, May 4th at Westwood Country Club. Following a luncheon, the meeting will include the installation of officers of the combined auxiliaries for the 2010-2011 term. In addition, Lorraine Sussman and Esther Blumoff, two of our beloved members who recently passed away will be honored and remembered.

Following this tribute, we will welcome our guest speaker Joyce Saltman, known as the "Guru of Laughter". While preparing for her doctoral degree, she wrote her dissertation on "Humor in Adult Learning". At our program on May 4, her topic will be "Laughter: Rx for Survival".

Watch your mail for the invitation to this wonderful program. We look forward to seeing you there! [jsscissors@charter.net](mailto:jsscissors@charter.net)



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## Spotlighting Joyce Sass *(continued from page one)*

Joyce is a native St. Louisan who has been married to her husband, Richard, for 51 years. Richard is retired from the textile industry but stays active managing real estate. They are the proud parents of two adult sons and daughters-in-law: Jeffrey and Michelle and Robert and Michele, who live in St. Louis. Joyce also has 2 granddaughters who are students at Clayton High School. Joyce's activities outside of the auxiliary include playing duplicate bridge and dancing, ballet, twice a week, something she's done her entire life. Joyce is highly organized and admits to being a homebody, too. Joyce says that helping others at the hospital is in her blood: her parents, Ruth and Bernard Kramer, were longtime hospital volunteers themselves! Joyce says, "I am so grateful to my husband who enabled me to accomplish what I have because I didn't have to earn an income and could concentrate on volunteering."

Thank you, Joyce, for all you've done and continue to do to help the auxiliary, Barnes-Jewish Hospital, and breast cancer patients throughout the area.

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*"New friends were made and games were organized – all a testament to the camaraderie fostered through the wonderful game of mah jong."*

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## Welcome New Mah Jong Players!

The Auxiliary hosted another successful session of mah jong lessons during the month of October. Eleven students signed up to learn to play, including four new auxiliary members. The lessons were hosted at the home of Marsha Karney; and taught by Carole Thaw. A wonderful time was had by all; as participants learned about cracks, bams and dots. New friends were made and games were organized – all a testament to the camaraderie fostered through the wonderful game of mah jong. **Another session of lessons will be offered later this year... Look for an announcement in the summer issue.** cthaw@charter.net

## Student Nurses

The auxiliary was busy this past fall making sure the students at the Goldfarb School of Nursing at Barnes-Jewish College felt appreciated. During finals week in August, the auxiliary hosted a party with a light snack of sandwiches, veggie trays, popcorn and smoothies. The students really appreciated the break from studying. At the end of October we surprised the students with tasty gourmet apples for Halloween. Best of all on December 8th we hosted an exceptional Holiday Event/End of the Term party catered by Queeny Tower Catering. The tables looked festive and beautiful with a vast array of delicious food and desserts. The 300+ students that attended loved the event. Our special thanks go out to the volunteers that help make these parties such a success. **If you are interested in helping with future events please contact Joan Wittner 636-532-8885, Peggy Schaeffer 636-532-3662 or Carol Kimmel 469-1825.**



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Book club members pose with author Jan Goldstein at the St. Louis Jewish Book Festival.

Photo by Joel Marion.

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## Book Club News

What better way to escape the cool St. Louis weather than a roaring fire, a glass of wine, and an engaging book. Here are some of our BJH book club choices that certainly held our attention.

Gloria Kaufman hosted our August Book Club to discuss Broken For You by Stephanie Kallos. This compelling story highlights the losses and disjointedness of its characters lives and their many paths back to healing. The powerful message of hope and the dark secrets of the past led to an intriguing discussion.

In September we met at Fran Balk's home to discuss Testimony by Anita Shreeve. This cautionary tale reveals in the first paragraph a tragedy in which three marriages are destroyed, the lives of three students at a privileged private school are ruined, and death claims an innocent victim. There were many current and all too common issues to discuss.

Peggy Brown was wedding planner and book discusser of our October choice, The Bride Will Keep her Name by Jan Goldstein. This all-around entertaining book is a fun read. The story takes place one week before the wedding where the bride, Madison, must deal with the stress of wedding details as well as super sleuth detective in the mystery unfolding about her groom to be, Collin.

The Bride Will Keep her Name was also our Jewish Book Festival pick to sponsor at the Festival on November 9. Jan Goldstein gave an enlightening talk about his family, his book ideas, and life in general. His other books, All That Matters and The Prince of Nantucket were also available to purchase at the Festival. We were

thrilled to be able to meet and listen to such a talented author and speaker. Many of our book club members attended the festival and lunched afterwards to continue the discussions.

As fall approached, we met at Joanie Wittner's home to discuss our November Book Club choice, The Guernsey Literary and Potato Peel Pie Society by Mary Ann Shaffer and Annie Barrows. Through a series of letters, the main character, Juliet, reveals much of love and friendship. We also learn what happens to the British Island of Guernsey during the hideous occupation of Gemany during WWII.

December 2 we met at The Crescent to celebrate the holidays and enjoy each other's company. Thanks to Dorette Goldberg for arranging our celebration. We collected children's books to donate to Children's Hospital and feasted on succulent Book Club Members' special dishes. A fun evening was had by all.

Many thanks to all the members of the auxiliary book club who continue to extend their homes and love of reading for our successful book club. Jandav1@charter.net





Left to right: Marsha Karney, Meryl Dewoskin, Judi Scissors, Karen Polishuk

## Foundation Hosts Auxiliary Boards

The Barnes-Jewish Hospital Foundation hosted the boards of the Parkview and Plaza Chapters at a luncheon on November 3, 2009. Those in attendance enjoyed lively conversation and a delicious lunch at Maggiano's, followed by an informative presentation by Dr. Timothy Eberlein on the topic of Tailor-Made Medicine: The Future of Personalized Cancer Care. Dr. Eberlein is a Bixby Professor and Chairman, Department of Surgery at the Siteman Cancer Center. His research at Barnes-Jewish Hospital is revolutionizing cancer treatment through the study of a patient's DNA and genetic history. Cancer treatment outcomes will be greatly improved with the implementation of Dr. Eberlein's methods. The afternoon's events also included an update on hospital foundation programs from Julia Ruvelson, Barnes-Jewish Hospital Foundation Vice-President. It was an informative and enjoyable afternoon that all attendees enjoyed. CarolBCMO@aol.com



Left to right: Dr. Timothy Eberlein, Betsy Dennis, Helen Liu



Left to right: Julia Ruvelson, Ruth Springer, Susie Luten, Chris Anthony



Dr. Timothy Eberlein



Left to right: Peggy Elias and Myra Glazer



Left to right: Patti Short, Janet Garrett, Margie Lazarus



Rich Liekweg, President of Barnes-Jewish Hospital, visits with a few of the 225 people who attended the Puttin' on the Glitz event.

## "Puttin' on the Glitz"

Barnes-Jewish Hospital and Volunteer Services honored BJH volunteers and their guests at a beautiful reception, "Puttin' on the Glitz" on Thursday evening, December 3, 2009 from 5 – 7:30 pm. The reception was held at Queeny Tower Restaurant at Barnes-Jewish Hospital, overlooking a scenic view of Forest Park and the city.

Two-hundred twenty-five people attended and were welcomed by Cindy Fishman, Manager of Volunteer Services. She introduced Rich Leikweg, the new President of Barnes-Jewish Hospital and Barnes-Jewish West County Hospital. He briefly addressed the volunteers and auxiliaries and thanked them for all the time they spend helping our patients, families and staff. He then went table-to-table getting to know as many guests as possible. Other members of Administration and Hospitality Services also visited with the volunteers, thanking them for all they do to make someone's day just a little bit brighter.

As always, the food was delicious and presented beautifully. Included were: fried artichoke hearts, jumbo shrimp, beef tenderloin, turkey, warm brie in phyllo purses, potato pancakes, spanakopita, Swedish and barbecue meatballs, toasted ravioli, mushrooms stuffed with seafood, toasted ravioli, mushrooms stuffed with seafood, cheeses, and chocolate fondue as well as a large assortment of other desserts. Alcoholic and non-alcoholic

beverages were available as well. A large and beautiful ice sculpture of a snowflake added to the festive atmosphere of the evening.

The volunteers, their guests, Volunteer Services staff, and members of Administration were entertained by pianist Dan Smith whose services were provided through the generosity of Sarah Colby, Arts and Healthcare Program Coordinator.

Although most of the volunteers will tell you that they don't volunteer for parties, gifts or recognition, the reception is still one of the ways the hospital tries to say, "thank you – you are indeed appreciated." In addition, each volunteer received an attractive flameless candle as a token of appreciation for all they do. Do not pass up this party next year. It always takes place the first Thursday evening in December. Mark your calendar now!

Thank you to Cindy Fishman who planned this wonderful event and provided most of the information for this article. rjrosen@sbcglobal.net

## Glitz and Glamour

Auxiliary members and guests had a wonderful day of shopping, brunch and games on December 3rd at Meadowbrook Country Club. With over 20 vendors participating, shoppers had a wide variety of merchandise to choose from. The delicious brunch that was served left everyone satisfied and ready for a fun afternoon of mah jong and bridge. Raffle tickets were sold and door prizes were announced as the afternoon progressed; and coffee and cookies were served during the remainder of the afternoon.

Patty Malashock, Marie Levy, Karen Polishuk, Judy Scissors and their fabulous committee did a wonderful job planning this day. We are grateful for all their hard work and are already looking forward to next year's event and another great fundraiser for the auxiliary.

## Name the Newsletter

As you can see on the front page of this issue, our newsletter is no longer called Clover Bits. As the Parkview and Plaza chapter auxiliaries move forward as one larger and stronger organization, our newsletter will reflect this change. If any of our members have an idea for a newsletter name, please send us your suggestions. Send your ideas to Carole Thaw at cthaw@charter.net. We look forward to your input!

## Milestone Moments

C O N G R A T U L A T I O N S T O :

- Jan and Hank Davenport on the wedding of their son, Todd Roberts, to Julie Wolfner on November 21, 2009
- Carole and Barry Thaw on the wedding of their son, Jeff, to Dana Brody on September 5, 2009
- Dorette and Eddie Goldberg on the wedding of their daughter, Tracy, to Matt Gross on September 6, 2009
- Suzy and Greg Kessler on their 40th wedding anniversary November 30, 2009
- Loren and Ken Ludemer on the Bat Mitzvah of their daughter Lindsey
- Carole and Barry Thaw on their 30th wedding anniversary November 4, 2009
- Jane and Rick Wasserman on their 40th anniversary December 27, 2009
- Sue Wallach who celebrated her 60th birthday in October
- Robin Alton on her double milestone. Robin celebrated her 50th birthday September 18th and her 25th anniversary on October 21, 2009.



## Trivia not so Trivial

With thinking caps on tight and bodies full of unbelievably yummy food, 166 excited individuals enjoyed our auxiliary's Trivia Night on Saturday, October 3, 2009 at the Elks Club. The evening's co-chair were Fundraising Vice-Presidents Marie Levy and Patty Malashock; as well as Membership Vice-Presidents Karen Polishuk and Judi Scissors. Many committee members worked tirelessly to provide decorations, auction items, and baked goods.

The beneficiary of the evening's proceeds was Breast Cancer Research, specifically the Tace Research Project conducted by Dr. Adrianna Dusso. With monies from tickets, delicious cakes and goodies, and terrific donated items, the auxiliary was able to earn almost \$3,300.

We look forward to many more fun events where we can be together and also help our worthy projects. [jscissors@charter.net](mailto:jscissors@charter.net)

## Successful Sales

This fall we had two vendor sales; a leather sale in September and a jewelry sale in November. We are happy to report that the approximate total in commissions for both sales was \$22,302.13 - a very impressive amount. We would like to thank all the volunteers who helped work these sales: Robin Alton, Maxine Bamberger, Lyn Bortnick, Carol Cohen, Meryl DeWoskin, Sally Friedman, Carolyn Furfine, Janet Garrett, Myra Glazer, Dorette Goldberg, Margie Lazarus, Loren Ludmerer, Susie Luten, Patty Malashock, Marcia Pass, Karen Polishuk, Myra Radinsky, Renee Rosen, Peggy Schaffer, Eilene Schneiderman, and Ruth Springer. We kicked off 2010 with a Leather sale on Wednesday, January 20 and Thursday, January 21. There will be a Jewelry sale on Wednesday, March 24 and Thursday, March 25. Volunteers are always welcome and it's a great way to get involved with the auxiliary. **Contact Myra Glazer at 314-994-7442 for more information.**



## Don't Miss the Final Event of the 2010 Speaker Series

On March 25, 2010, the auxiliary will host the third event of the three-part speaker series organized by Membership Vice-Presidents, Karen Polishuk and Judi Scissors. This event will feature a tour and presentation at the Goldfarb School of Nursing by Dr. Michael Evans, the Maxine Clark and Bob Fox Dean and Professor at the School of Nursing. This is sure to be an interesting session as we will have an opportunity to experience first-hand, the world class simulation technology in use at the school. It is a wonderful chance to see the funding pledge made by the auxiliary in use for the training and education of our nursing students. In addition, a tour of the Barnes Lodge will be offered at the conclusion of the program.

In case you missed, the first event on Thursday, January 21, 2010 was held at the Duane Reed Gallery where auxiliary members in attendance had an opportunity to meet with Mr. Richard Liekweg, group president of BJC HealthCare and president of Barnes-Jewish Hospital and Barnes-Jewish West County Hospital. Guests also enjoyed the Dale Chihuly exhibit on display at the gallery and a wine and cheese reception.

On February 22, members and guests enjoyed breakfast with Dr. Douglas Mann and Dr. Angela Brown, from the Division of Cardiology at Washington University who spoke on Cardiovascular

Health in Woman. The program, held at the Crescent was titled, "The Heart Truth". It was an enlightening session that gave all in attendance some good, "heart-health" information.

You do not want to miss the last event of this ground-breaking speaker series that serves to educate and engage our members. Please RSVP to Desta in the Auxiliary Office as soon as possible. Her number is 314/454-7130. See you there! [cthaw@charter.net](mailto:cthaw@charter.net)

## New Members

We welcome the following new auxiliary members:

**Arlene Kalishman**  
800 S. Hanley Rd. Unit 2D  
Clayton, MO 63105

**Cynthia Seltzer**  
8 Beacon Hill Lane  
St. Louis, MO 63141

**Jane Rubin**  
895 Bluespring Lane  
St. Louis, MO 63131  
314-567-1311

**Linda Yatkeman**  
9060 Saranac Dr.  
St. Louis, MO 63117  
314-991-3333

**Nancy Muchnick**  
1037 Golden Orchard Dr.  
O'Fallon, MO 63368

**Susan Moss**  
759 Cedar Field Ct.  
Town and Country, MO 63017

## Clover Book Change

Please note the following update to your Clover Book:

**Rosalie Scallet**  
750 South Hanley Rd., Apt 350  
St. Louis, MO 63105  
314-727-3595

## Slate of Officers 2010 - 2011

The merging of the two auxiliaries, Parkview and Plaza Chapters, allows us to offer you, our members, an outstanding slate of officers for 2010 - 2011. The following is the proposed slate:

**CHRISTINE ANTHONY AND CAROLE THAW**  
Co-Presidents

**PATTY MALASHOCK AND EILENE SCHNEIDERMAN**  
Co-Vice-Presidents, Fund Raising

**MARIE LEVY AND SUZY KESSLER**  
Co-Vice-Presidents, Volunteer Services

**KAREN POLISHUK, JUDY SCISSORS AND PATTY SHORT**  
Co-Vice-Presidents, Membership Services

**JAN DAVENPORT AND JANE WASSERMAN**  
Co-Recording Secretaries

**JANET GARRETT**  
Treasurer

**JOAN WITTNER**  
Corresponding Secretary

**ROBIN ALTON**  
Director

**MARCIA PASS AND NORMA STERN**  
Advisory Directors

Additional nominations will be accepted from the floor at the annual meeting and installation on May 4, 2010.