

Auxiliary Spotlights

BARNES-JEWISH HOSPITAL AUXILIARY

SUMMER 2011

Co-Presidents' Letter



Dear Auxiliary Members,

With the summer months quickly passing, we hope that all of you have been able to spend some time doing activities that allow you to relax, rest, and recharge. As community volunteers and members of the Barnes-Jewish Hospital Auxiliary, so many of you have

made significant contributions of your time and energy during this past year. We appreciate your effort and look forward to your involvement again in the fall as we embark on several exciting projects and events.

Our Membership and Fundraising committees are hard at work planning our fall event for October 15, 2011. Our Volunteer Services and Donation Evaluation committees are busy working on the details of the renovation we are funding at Barnes Lodge. We are also in the planning stages of determining some other major donations that the Auxiliary will be making to Barnes-Jewish Hospital over the next several years.

We welcome our new Board Members who were installed at our Iron Chef event on May 4th at Scape. Also at that event, Chris Anthony retired as co-president of the Auxiliary. However, she is now the treasurer so we will still have the benefit of her knowledge and expertise as a leader in our organization. We thank her for her service as co-president.

It is a great time to be part of the Auxiliary. We are always available to meet with members — to answer your questions, hear your suggestions, and help you get involved.

We thank you for your continued support,

Carole Thaw and Janet Garrett Co-Presidents
cthaw@charter.net • janetgarrett@sbcglobal.net

Welcome

Welcome to the Summer 2011 issue of *Auxiliary Spotlights*. We hope that you are enjoying the somewhat relaxed pace of a St. Louis summer. Like the temperature outside, your Auxiliary is hot with lots of opportunities for our members that will benefit the BJH community. This issue includes news about past activities, information about special events in the lives of our members, and even a fun recipe. *Auxiliary Spotlights* is designed to be interactive; please e-mail us with your special birthdays, anniversaries, births, weddings, graduations, bar/bat mitzvahs, awards, or anything else that you'd like to share with your fellow auxiliarians.

As a reminder, dues renewal letters went out to all members in April. If you have not done so, please renew your dues as soon as possible. You may send them to our office at 1001 Highlands Plaza Dr. West, Suite 140, Saint Louis, MO, 63110 or call (314) 454-7130. As you will see elsewhere in this issue of *Auxiliary Spotlights*, your membership helps us serve the BJH community in many ways. We hope that you'll find something that sparks your own interest, that we'll see you soon at an event or program, or that you'll choose to avail yourself of the numerous volunteer opportunities available.

Please join us in welcoming Carolyn Furfine to our newsletter staff. Carolyn has served as the Auxiliary treasurer and as our liaison to the Hospital Patient Safety Committee. She is a member of Book Club Volume 2, a wife, mother, grandmother, and much-appreciated member of the Auxiliary. We're glad that she's added *Spotlights* to her list of Auxiliary activities. carolbcmo@aol.com

Spotlight on...Norma Stern

Norma Stern has been an active volunteer with the Barnes-Jewish Hospital system for over 50 years. Norma was in her early 30s when she started as a volunteer in the Jewish Hospital Gift Shop. A friend of Norma's was President of the Jewish Hospital Auxiliary, and she convinced Norma to become involved with the organization.

(continued on page two)

BARNES JEWISH
Hospital Auxiliary
BJC HealthCare

Spotlight on...Norma Stern *(continued)*

Norma's first board position was Auxiliary treasurer, and she continued to stay actively involved while raising her two daughters. When Norma was in her early 50s, her husband became sick. She had to step in and help manage the family business, a laminating factory. In 1982 there was a terrible explosion in the factory. Norma was burned over 50% of her body and was treated at the Burn Unit at Barnes Hospital. It is because of the fabulous care she received from her doctor and the wonderful nursing staff that she is alive today.

Norma was so grateful for this medical care that she knew she had to do something to give back to the hospital. Norma was on a mission to make an impact by helping others. She was instrumental in starting the support group Dealing with Feelings. The group helped burn victims and their families discuss their feelings and provided mental support to cope with the challenges they faced. Next, Norma worked with a social worker and together they established Alarms for Life, which provided smoke detectors for indigent and elderly people in St. Louis. Norma helped raise \$67,000 to fund this project. Various fire departments volunteered to install the detectors at no charge.

In the 1980s Norma established a scholarship fund at what is now the Goldfarb School of Nursing at Barnes-Jewish College. The Sheryl Stern Scholarship Fund is still helping nursing students today. Norma then joined the Barnes Hospital Auxiliary where she served in many positions, including as President from 1989-1990. Norma is a Lifetime Director of The Foundation for Barnes-Jewish Hospital Board of Directors. She also currently serves on the Siteman Cancer Center Community Advisory Board, Goldfarb College of Nursing Board and she is an Advisory Director to our Auxiliary. For the past four years Norma has chaired the Mental Health Association's Snowball Gala. In 2009 Norma received the prestigious Women of Achievement Award; with her list of accomplishments, it is easy to see why.

Introducing Our New Co-president: Janet Garrett



Our new Co-president **Janet Garrett**, is a native St. Louisan and a graduate of both Clayton High School and Tulane University. After college, she lived in Houston, Texas where she met her husband, Steve. While in Houston, Janet worked for an oil and gas company, using her degree in Business and Economics. When she returned to St. Louis in 1983, she worked at Maritz as a Product Manager. Janet and Steve have three adult children: Julie, a marketing manager, and her husband John Mathis in San Diego; Lisa, a graduate student in Occupational Therapy at Washington University School of Medicine; and Steven, an electrical engineer, also living in San Diego. Janet's husband Steve is a Managing Director at Wells Fargo Advisors. As a stay-at-home mom for many years, Janet did a lot of volunteer work in her children's schools and was also a preschool teacher at First Congregational Preschool in Clayton. Janet and her husband

Norma said that her secret to life is to, "Live, love, laugh a lot; and live life to the fullest."



Norma Stern (front center) and Vicky Fraser, MD (center with light blue jacket) gathered with members of the K9 bike club as they presented the money they raised to The Foundation for Barnes-Jewish Hospital to support AIDS research at Barnes-Jewish Hospital.

At the vibrant age of a very proud 85, Norma has no plans to slow down. She has two grown daughters, Sandy and Sheryl, six grandchildren and a great granddaughter. She shared that she would have been married 61 years if her beloved Sam were alive. Norma said that her secret to life is to, "Live, love, laugh a lot; and live life to the fullest." You will rarely find Norma sitting around at home. She wakes up before dawn, has a busy day and loves to go out to dinner with friends in the evening. This classy woman has truly made a difference at the hospital and in our community. altonfamily@charter.net

enjoy traveling, bicycling, yoga, and time with their family. They particularly love Italy and France and went on a bicycle trip through Tuscany last summer.

Janet's role in the Auxiliary is truly life coming full circle; her very first volunteer job, at age 15, was as a Candy Striper in Queeny Tower. At that time, Candy Stripers changed beds, filled patients' ice containers, delivered mail, and did many other tasks. Janet joined the Auxiliary Board in 2009 as our treasurer. We are so glad that her interest in Barnes-Jewish Hospital has brought her back to us and that she is now our co-president. carolbcmo@aol.com

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Iron Chef and Installation

Scape Restaurant was the scene of our Iron Chef Membership Event and Installation on May 4, 2011. Seven new members joined us and participated in the Iron Chef Competition along with approximately 75 other members.

The morning began with busy chefs and chef “wannabees” assigned to five different tables; before preparation began each participant was given a chef’s apron with our Iron Chef logo. To begin the competition, each group was given a steak and had to prepare an entrée and accompaniments with ingredients from the “market” at the restaurant. Every team came up with something different; all were delectable. The winning menu (pictured above), determined by two independent judges, John Beatty, Barnes-Jewish Hospital vice-president of human resources, and Ken Darling, Barnes-Jewish Hospital director of housekeeping, was a butterflied steak stuffed with a blue cheese mixture, served on a bed of risotto with battered onion rings and asparagus. For their exemplary efforts, each member of the winning team received a lovely hyacinth plant.

The installation, with a cooking theme, was presided over by immediate past-presidents Susie Luten and Ruth Springer. Those installed were:

- Co-presidents: **Janet Garrett and Carole Thaw**
- Vice-presidents:
- Fundraising: **Patty Malashock and Eilene Schneiderman**
 - Membership: **Judi Scissors and Patti Short**
 - Volunteers: **Suzy Kessler, Marie Levy, and Karen Polishuk**
 - Donation Evaluation: **Robin Alton, Susie Luten, and Elly Painter**
- Treasurer: **Chris Anthony**
- Corresponding Secretary: **Joan Wittner**
- Recording Secretaries: **Jan Davenport and Jane Wasserman**
- Director: **Renee Rosen**
- Advisory Directors: **Myra Glazer and Norma Stern**

Co-presidents Chris Anthony and Carole Thaw presented Julia Ruvelson, vice-president of The Foundation for Barnes-Jewish Hospital, with a check for \$1,031,233.00 representing our time and financial donation to BJH during the past 12 months.



Event co-chairs Judi Scissors, Karen Polishuk, and Patti Short



Auxilians hard at work preparing their dish.



Janet Garrett and Carole Thaw, our co-presidents, with outgoing co-president, Chris Anthony



Members of the winning team.



Best wishes to our new officers! We look forward to working with you.

jsscissors@charter.net



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Book Clubs

The Barnes-Jewish Hospital Auxiliary book clubs always guarantee a good time, good read, and good discussions. Even on the coldest of winter nights, the warmth and excitement of a good book discussion takes the chill out of the air. If you are interested in joining Book Club Volume II, there are still a few spots available.

Book Club Volume I has read *A Good Fall* by Ha Jin which is a collection of short stories. They also read *Winter Garden* by Kristen Hannah, *The Invisible Bridge* by Julie Orringer, *A Vintage Affair* by Isabel Wolff, and *Amazing Journey* by Felicia Graber. We were fortunate to have Mrs. Graber attend our June meeting where she spoke to us about her memoir. Auxiliary members enjoyed all their reads but especially loved *The Invisible Bridge*, a beautifully written historical novel about World War II in France and Hungary.

Book Club Volume II has read *Hotel at the Corner of Bitter and Sweet* by Jamie Ford, *Major Pettigrew's Last Stand* by Helen Simonson, *Little Bee* by Chris Cleave, and *Not My Daughter* by Barbara Delinsky. Book club members enjoyed each of the books as well as the lively discussions and were able to make personal connections to the stories.

There are so many great books out there; we all look forward to each and every time we get together. If you are interested or have any questions regarding book clubs, please contact **Jan Davenport** at jandav1@me.com.



Vendor Sales

Myra Glazer organized two very successful vendor sales in early spring 2011. In March, a gold jewelry sale was held on the North Campus of Barnes-Jewish Hospital; the Auxiliary earned commissions of \$9,795.28 at that sale. In April, a leather sale was held, also on the North Campus, and the Auxiliary's commission for that sale was \$9,758.57. Total commission for the two vendor sales in March and April was \$19,553.85. Many Auxiliary members volunteered their assistance to help make these sales so successful. Thank you so much to all of these volunteers: **Chris Anthony, Sandy Blucker, Meryl DeWoskin, Amy Feit, Carolyn Furfine, Myra Glazer, Sheila Gross, Margaret Houlihan-Oelze, Suzy Kessler, Cathy Kinsman, Loren Ludmerer, Patty Malashock, Irma Martinez, Karen Polishuk, Peggy Schaffer, and Judi Scissors.**

If you are interested in helping with upcoming sales, please contact **Myra Glazer** at (314) 994-7442. jandav1@me.com

CORRECTION: In the last issue of Spotlights, we gave an incorrect figure for the Auxiliary's commission for 2010 vendor sales. The correct amount is \$52,127.59. We apologize for this error.

The Auxiliary's total commission for the two vendor sales in March and April 2011 was \$19,553.85.

Trunk Sales

The Auxiliary Trunk Sales continue to be very profitable. Earnings through April 2011 were over \$14,000.00! **Dorette Goldberg** manages our Trunk Sales that take place outside the gift shop on the third floor of the Center for Advanced Medicine. Some exciting new sales are scheduled over the next several months.

2011 Sale Dates:

July 20 & 21	Jewelry
August 9 & 10	Gifts and More
September 14 & 15	Jewelry
October 4 & 5	Handmade Jewelry
November 21 & 22	Books
November 29 & 30	Silver Jewelry
December 6 & 7	Handmade Jewelry
December 14 & 15	Jewelry

sandy@kjainc.com



Auxiliary trunk sales earnings through April 2011 were over \$14,000.00!

Goldfarb School of Nursing

The Goldfarb School of Nursing at Barnes-Jewish College holds graduation ceremonies three times a year — at the end of the fall, spring and summer terms. An Honors Convocation precedes each graduation ceremony at which time the academic accomplishments and clinical performances of the graduates, as determined by the faculty and the administration, are recognized.

The spring 2011 Barnes-Jewish Hospital Auxiliary Scholarship Award recipient is **Amanda Schubert**. She has accepted a position as a Staff Nurse in the Emergency Department at Barnes-Jewish Hospital. She received a total of \$3,500 in scholarship money from the Auxiliary for the 2010-2011 academic year, including a \$1,500 award for being the student with the highest GPA. Amanda was a student in the Goldfarb School of Nursing's new Accelerated BSN Program.

This year the Barnes-Jewish Hospital Auxiliary sponsored activities for student nurses, including one on Valentine's Day. The End-of-the-Term parties had a "Celebration of Global Day" theme and students enjoyed an international buffet along with entertainment that included lessons in flamenco dancing, the tango, and the salsa. Thanks to the following auxiliarians who assisted with the party: **Meryl DeWoskin, Irma Martinez, Margaret Houlihan-Oelze, and Patti Short**. A special thank you to **Peggy Schaffer** and **Joan Wittner** who were the event planners. The next End-of-the-Term parties are scheduled for August. If you are interested in volunteering two or more hours of your time, call **Peggy**, 636-532-3662, or **Joan**, 636-532-8885. rmrosen314@gmail.com

Barnes-Jewish Hospital hires a large percentage of the new Goldfarb graduates. In 2010, of 251 new Bachelor of Science nurses hired, 106, or 42%, were graduates of Goldfarb. Congratulations to the graduates; we are so proud of you!

Milestone Moments

CONGRATULATIONS TO:

GRADUATIONS:

- Susie and Sam Luten's daughter, Emily, graduated with a Master's Degree in Public Health from Washington University.
- Patty and Larry Malashock's son, Michael, graduated from the University of Wisconsin.
- Norma Stern's granddaughter graduated from Auburn University.

BIRTHS:

- Dorette and Ed Goldberg have a new granddaughter, Emma Gross.
- Margie Horowitz has a new grandson, Zachary Zwick.
- Sue and Alan Wallach have a new granddaughter, Vivian Wallach.

ENGAGEMENTS:

- Patti and Kevin Short's daughter, Jennifer, is engaged to Alexander Dengel.
- Norma Stern's granddaughter, Samantha, is engaged to Josh Lamb.

CONFIRMATIONS:

- Robin and Scott Alton's daughter, Heather
- Carol and Ed Cohen's son, Andy
- Beth and Buddy Feldman's son, Sam
- Marcie and Dale Kalina's son, Adam
- Leslie and Barry Yoffie's son, Alex

MEMBERS CELEBRATING "SPECIAL" BIRTHDAYS:

- Carolyn Furfine's husband, Chuck
- Myra Glazer
- Marie Levy's husband, Ronnie
- Renee Rosen

MEMBERS CELEBRATING "SPECIAL" ANNIVERSARIES:

- Maxine and Jerry Bamberger
- Corey and Jan Miller

SPECIAL HAPPENINGS IN MEMBERS' LIVES:

- Judi Scissors', twin grandsons, Ben and Jacob, were Bar Mitzvahed
- Patti and Kevin Short were featured in the St. Louis Healthy Marriage commercials
- Pam Toder and Fran Gelber Zamler were honored as St. Louis Women of Achievement

CONGRATULATIONS to all celebrating special moments and events in their lives!

If you have a Milestone Moment that you'd like included in the next issue of Spotlights, e-mail Jane Wasserman janewasserman@yahoo.com

Calling All Volunteers...

Volunteers provide services in many departments of Barnes-Jewish Hospital. They give TIME, usually just a few hours a week, and make a difference in our patients' hospital experiences.

Barnes-Jewish Hospital Volunteer Opportunities:

Hospital Ambassador – Greet patients/families upon their arrival and help guide them through their first day at BJH

Beginning Babies with Books – Visit new mothers, explain the importance of reading, and give them a board book for their newborn

Medical Floor Volunteers – Provide comfort to patients (warm blankets, ice water and SMILES)

Gift Shop – Deliver flowers & balloons and price merchandise, etc.

Many more volunteer positions are available throughout Barnes-Jewish Hospital — just give your TIME.

If you are interested in becoming a volunteer, contact:

Cindy Fishman, Manager Volunteer Services at BJH_VOLUNTEERSERVICES@bjc.org or 314-362-5324
sandy@kjainc.com



Photographs and Memories...

Do you enjoy taking pictures?

Organizing memorabilia? Scrapbooking?

If so, the Auxiliary has an opportunity for you. We are looking for someone to take pictures at events. We are also in need of someone to serve as an Auxiliary historian by creating scrapbooks of past events throughout our history.

carolbcmo@aol.com

Fashion and Fun

Although the weather outside might not have been indicative of spring, Neiman-Marcus' Zodiac Room was nice and warm on March 10, 2011. Membership and fun were on the agenda as almost one hundred women enjoyed a very congenial morning.

The event began with a delicious brunch, complete with Neiman-Marcus' signature popovers. The meal would not have been complete without them! **Ellen Soule**, head of public relations for Neiman-Marcus Frontenac, moderated a fabulous fashion show. The models and the clothes were really beautiful. A highlight of the show was a special appearance and presentation of all-weather coats by Kreio designer Shelley Ifantas.

The morning ended with attendance prizes, some provided by Neiman-Marcus. It was truly a very special time for all who attended.

jscissors@charter.net



In Memoriam

Sadly, past Auxiliary president **Helene Goldstein** passed away May 14, 2011. On behalf of the entire Auxiliary, we extend our deepest sympathies to her family; she will be missed. May her memory be a blessing.

Tributes are a wonderful way to recognize milestone moments or to memorialize someone. Tributes can be made online at www.GivingBarnesJewish.org or by calling the tribute office at 314-286-0445.

New Members

Please welcome our new Auxiliary members and life members.

We appreciate the commitment shown by the following new Life Members:

Merle Miller, 19 Kentom Drive, 63132, 314-991-2384

We also greatly appreciate those who have joined our organization as regular members:

Carolyn Walsh

265 Union Blvd., Apt 1515,
63108 314-454-9094

Georgine O'Donnell

12 Upper Price, 63132
314-716-3628

Valarie Goodin

14056 Montrachet Lane, 63017
636-386-7333

Linda Gartenberg Kline

69 Ladue Estates Drive, 63141
314-432-7688

Maxine Weil

724 Gralee Lane, 63132
314-997-5062

Susie Gitt

7801 Kingsbury Blvd., 63105
314-863-4473

Ava Schwedt

16788 Clayton Road, 63011
636-458-3388

Arleen Warmann

3 Lombardy Lane, 63138
314-276-1128

Nancy Triplett

12323 Gailard Drive, 63141
314-576-4318

Nancy Hayes

23 Topton Way, Unit 1C,
63105
314-727-3438

Nancy Biggins

2019 Ravenwood Drive
Collinsville, IL 62234
618-345-9054

Laura Slay

6494 Oakland, 63139
314-647-7965

If you are interested, please contact
Carole Thaw, cthaw@charter.net or
Janet Garrett, janetgarrett@sbcglobal.net.
This is an opportunity to work alone or
with a friend.

What's Cooking

This is a winner from the *Cooking in Clover II* cookbook. Variations include adding a variety of vegetables of your choice! Remember to e-mail your favorite recipe from either volume of *Cooking in Clover* and we will reprint it in future issues. Please put "What's Cooking" in the subject line and e-mail it to CarolBCMO@aol.com.



10-Minute Szechwan Chicken

2 whole chicken breasts,
boned, skinned and cut
into 1-1 ½ inch cubes

5 Tbs. soy sauce

1 tsp. sugar

¼ cup water

⅛-¼ tsp. cayenne pepper

3 Tbs. corn starch

¼ cup vegetable oil

3 cloves garlic, minced

1 ½ Tbs. white wine vinegar

1 bunch scallions, cut into
1" pieces

Place cornstarch in a paper bag. Add chicken and toss lightly to coat. Heat oil in a large skillet or wok. Add chicken and garlic. Stir-fry until chicken is lightly browned. Add soy sauce, vinegar, sugar, and water. Cover and cook 3 minutes or until chicken is cooked through. Uncover. Add scallions and cayenne. Heat 2 minutes longer. Serve over rice.

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